

AWW : A Voice when YOU need it most

What is an Advocate?

Someone who supports another person to make sure that their rights are respected and their views and wishes are heard at all times.

AN ADVOCATE WILL NOT TELL YOU WHAT TO DO, THEY WILL HELP YOU DECIDE FOR YOURSELF

We will not repeat things you tell us to anyone unless you say it is OK
- except if you or another young person is at risk.

What can an Advocate do?

- Respect you and listen to you
 - Help you understand information given to you
- Help you understand your rights
- Help you think through your choices
 - Support you in finding information
 - Help you have a say in decisions made about you
- Support you at meetings by helping you put your views across
- Help you make complaints

Contact AWW to speak to an Independent Mental Health Advocate (IMHA)

01267 223197

- Admitted to hospital because of your mental health.
- Subject to an order under the mental health act or your mental health is assessed in hospital.
- You are entitled to see an IMHA from AWW.
- Children and young people have this right as well as adults.

Contact us yourself, or ask staff to contact us for you.

AWW
1st Floor
59 King Street
Carmarthen
Carmarthenshire
SA31 1BA

**YOU CAN CONTACT
OUR TEAM**

ON

01267 223197
www.advocacywestwales.org.uk
imha@advocacywestwales.org.uk
**A 24 hour answer phone service
is in operation**

This service is just for you!

**AWW is an independent
organisation - we don't
work for anyone else.
The support we offer is just
for you.**



Advocacy West Wales
Eiriolaeth Gorllewin Cymru
A voice when you need it most
Llais pan fydd ei angen arnoch fwyaf

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**IMHA SERVICE
FOR CHILDREN
& YOUNG
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