

Living in the community and subject to a Community Treatment Order or Guardianship Order? If so, you are entitled to support from an Independent Mental Health Advocate.

Your advocate does not work for social services or the local authority. He/she works for a charity called AWW-EGC

Your advocate will:

- **Listen to what you say and respect your views.**
- **Discuss options and agree actions with you.**
- **Research and gather information.**
- **Does not take anyone else's side.**

An IMHA can:

- **Explain how the Mental Health Act affects you.**
- **Provide you with information on rights and help you understand how to use them.**
- **Help you get information about and understand any treatment you are being offered and/or given.**
- **Support you to put your views across at important meetings like care and treatment planning meetings or reviews and managers hearings, or Mental Health Review Tribunals.**
- **Offer support should you need to challenge a decision or make a complaint.**

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YOUR ADVOCATE IS:



IMHA SERVICE FROM



Advocacy West Wales
Eiriolaeth Gorllewin Cymru
A voice when you need it most
Llais pan fydd ei angen arnoch fwyaf

01267 223197
(CARMARTHENSHERE)
OR
01437 762935
(PEMBROKESHIRE AND CEREDIGION)

**AS A PATIENT ON A COMMUNITY TREATMENT ORDER (CTO)
OR SUBJECT TO A GUARDIANSHIP ORDER YOU ARE ENTITLED
TO FREE, INDEPENDENT AND CONFIDENTIAL SUPPORT
FROM AN INDEPENDENT MENTAL HEALTH ADVOCATE**